

# INGREDIENTS

## **72% Madagascan with Cranberries & Nibs 32g**

72% cocoa Madagascan dark chocolate (cocoa beans, cane sugar & organic cocoa butter), organic dried cranberries (organic cranberries, organic apple juice, organic sunflower oil (<0.5%)), Venezuelan cacao nibs

## **75% Jamaica with Cacao Nibs 30g**

75% cocoa Jamaica dark chocolate (cocoa beans, cane sugar & organic cocoa butter), cacao nibs

## **85% Ecuador with Freeze-Dried Raspberries & Sea Salt 30g**

85% cocoa Ecuador dark chocolate (cocoa beans, cane sugar & organic cocoa butter), organic freeze-dried raspberries, Cornish sea salt

**The chocolate in your kit is sustainably-sourced  
single origin dark chocolate**

**Your kit was lovingly put together in a kitchen  
that may have traces of dairy, nuts, eggs & gluten.  
Store it in a cool, dry cupboard rather than the fridge**

FOOD AT HEART

[foodatheart.co.uk](http://foodatheart.co.uk)

 [meredith\\_foodatheart](https://www.instagram.com/meredith_foodatheart)



The little bags are made from biodegradable cellulose & all the paper and card is made from recycled materials - and can be recycled!